# STEP THERAPY CRITERIA

BRAND NAME (generic)

**GRALISE** 

(gabapentin extended-release tablet)

**HORIZANT** 

(gabapentin enacarbil extended-release tablet)

LYRICA (pregabalin)

LYRICA CR

(pregabalin extended-release)

Status: CVS Caremark® Criteria

Type: Initial Step Therapy; Post Step Therapy Prior Authorization

# **POLICY**

### **FDA-APPROVED INDICATIONS**

#### Gralise

Gralise is indicated for the management of postherpetic neuralgia.

Gralise is not interchangeable with other gabapentin products because of differing pharmacokinetic profiles that affect the frequency of administration.

#### Horizant

# Treatment of Restless Legs Syndrome

Horizant is indicated for the treatment of moderate-to-severe primary Restless Legs Syndrome (RLS) in adults. Horizant is not recommended for patients who are required to sleep during the daytime and remain awake at night.

# Management of Postherpetic Neuralgia

Horizant is indicated for the management of postherpetic neuralgia (PHN) in adults.

#### Lyrica

Lyrica is indicated for:

- Management of neuropathic pain associated with diabetic peripheral neuropathy
- Management of postherpetic neuralgia
- Adjunctive therapy for the treatment of partial-onset seizures in patients 1 month of age and older
- Management of fibromyalgia
- Management of neuropathic pain associated with spinal cord injury

#### Lvrica CR

Lyrica CR is indicated for the management of:

- Neuropathic pain associated with diabetic peripheral neuropathy
- Postherpetic neuralgia

Lyrica, Lyrica CR, Gralise, Horizant ST, Post PA Policy 656-D UDR 06-2024

This document contains confidential and proprietary information of CVS Caremark and cannot be reproduced, distributed or printed without written permission from CVS Caremark. This document contains references to brand-name prescription drugs that are trademarks or registered trademarks of pharmaceutical manufacturers not affiliated with CVS Caremark.

©2024 CVS Health and/or its affiliates. All rights reserved. 106-58428B 021423

Efficacy of Lyrica CR has not been established for the management of fibromyalgia or as adjunctive therapy for adult patients with partial onset seizures.

#### Compendial Uses

Lvrica

- Cancer-Related Neuropathic Pain<sup>10,14</sup>
- Cancer Treatment-Related Neuropathic Pain<sup>10,14</sup>

#### **INITIAL STEP THERAPY**

# For Lyrica, Lyrica CR, or Gralise

If the patient has filled a prescription for at least a 30 day supply of gabapentin immediate-release within the past 120 days under a prescription benefit administered by CVS Caremark, then the requested drug will be paid under that prescription benefit. If the patient does not meet the initial step therapy criteria, then the system will reject with a message indicating that a prior authorization (PA) is required. The prior authorization criteria would then be applied to requests submitted for evaluation to the PA unit.

#### For Horizant

If the patient has filled a prescription for <u>at least a 30 day supply of any of the following: pramipexole immediate-release, ropinirole immediate-release, or gabapentin immediate-release</u> within the past 120 days under a prescription benefit administered by CVS Caremark, then the requested drug will be paid under that prescription benefit. If the patient does not meet the initial step therapy criteria, then the system will reject with a message indicating that a prior authorization (PA) is required. The prior authorization criteria would then be applied to requests submitted for evaluation to the PA unit.

#### **COVERAGE CRITERIA**

Adjunctive Therapy for the Treatment of Partial-Onset Seizures (i.e., Focal-Onset Seizures) in a patient 1 Month to Up to 3 Years of Age, Cancer-Related Neuropathic Pain, Cancer Treatment-Related Neuropathic Pain, Fibromyalgia, Neuropathic Pain associated with Spinal Cord Injury,

Authorization may be granted for the requested drug when ALL of the following criteria are met:

- The request is for Lyrica (pregabalin immediate-release)
- The requested drug is being prescribed for ONE of the following:
  - Adjunctive therapy for the treatment of partial-onset seizures (i.e., focal-onset seizures) in a patient 1 month to up to 3 years of age
  - Cancer-related neuropathic pain
  - o Cancer treatment-related neuropathic pain
  - o Management of fibromyalgia
  - Management of neuropathic pain associated with spinal cord injury
- If the request is for Lyrica (pregabalin) oral solution, the patient meets ONE of the following:
  - o Ras difficulty swallowing oral solid dosage forms (e.g., capsules)
  - Requires a dose that cannot be obtained using the commercially available capsules

# Adjunctive therapy for the treatment of Partial-Onset Seizures (i.e., Focal-Onset Seizures) in a patient 3 years of age or older

Authorization may be granted for the adjunctive therapy for the treatment of partial-onset seizures (i.e., focal-onset seizures) in a patient 3 years of age or older when ALL of the following criteria are met:

- The request is for Lyrica (pregabalin immediate-release)
- If the request is for Lyrica (pregabalin) oral solution, the patient meets ONE of the following: has difficulty swallowing oral solid dosage forms (e.g., capsules), requires a dose that cannot be obtained using the commercially available capsules
- The patient has experienced an inadequate treatment response, intolerance, or has a contraindication to gabapentin immediate-release

#### **Neuropathic Pain associated with Diabetic Peripheral Neuropathy**

Lyrica, Lyrica CR, Gralise, Horizant ST, Post PA Policy 656-D UDR 06-2024

This document contains confidential and proprietary information of CVS Caremark and cannot be reproduced, distributed or printed without written permission from CVS Caremark. This document contains references to brand-name prescription drugs that are trademarks or registered trademarks of pharmaceutical manufacturers not affiliated with CVS Caremark.

©2024 CVS Health and/or its affiliates. All rights reserved. 106-58428B 021423

Authorization may be granted when the requested drug is being prescribed for the management of neuropathic pain associated with diabetic peripheral neuropathy when ONE of the following criteria are met:

- The request is for Lyrica (pregabalin immediate-release) and ALL of the following criteria are met:
  - o If the request is for Lyrica (pregabalin) oral solution, the patient meets ONE of the following:
    - Has difficulty swallowing oral solid dosage forms (e.g., capsules)
    - Requires a dose that cannot be obtained using the commercially available capsules
  - The patient experienced an inadequate treatment response, intolerance, or has a contraindication to gabapentin immediate-release
- The request is for Lyrica CR (pregabalin extended-release) and ALL of the following criteria are met:
  - The patient experienced an inadequate treatment response, intolerance, or has a contraindication to TWO of the following:
    - Gabapentin immediate-release
    - Pregabalin immediate-release
    - Duloxetine
    - Venlafaxine
    - A tricyclic antidepressant

#### **Postherpetic Neuralgia**

Authorization may be granted when the requested drug is being prescribed for the management of postherpetic neuralgia when ALL of the following criteria are met:

- The request is for Lyrica (pregabalin immediate-release), Lyrica CR (pregabalin extended-release) Gralise (gabapentin extended-release), or Horizant (gabapentin enacarbil extended-release)
- If the request is for Lyrica (pregabalin) oral solution, the patient meets ONE of the following:
  - Has difficulty swallowing oral solid dosage forms (e.g., capsules)
  - Requires a dose that cannot be obtained using the commercially available capsules
- The patient experienced an inadequate treatment response, intolerance, or has a contraindication to gabapentin immediate-release

#### **Restless Legs Syndrome**

Authorization may be granted when the requested drug is being prescribed for the management of Restless Legs Syndrome when ALL of the following criteria are met:

- The request is for Horizant (gabapentin enacarbil extended-release)
- The patient has experienced an inadequate treatment response, intolerance, or has a contraindication to ANY of the following:
  - o Pramipexole immediate-release
  - o Ropinirole immediate-release

#### **CONTINUATION OF THERAPY**

Adjunctive Therapy for the Treatment of Partial Onset Seizures (i.e., Focal-Onset Seizures) in a Patient 1 Month to Up to 3 Years of Age, Adjunctive Therapy for the Treatment of Partial Onset Seizures (i.e., Focal-Onset Seizures) in a Patient 3 Years of Age or Older, Cancer-Related Neuropathic Pain, Cancer Treatment-Related Neuropathic Pain, Fibromyalgia, Neuropathic Pain Associated with Spinal Cord Injury

Authorization may be granted for the requested drug when ALL of the following criteria are met:

- The request is for Lyrica (pregabalin immediate-release)
- The requested drug is being prescribed for ONE of the following:
  - Adjunctive therapy for the treatment of partial onset seizures (i.e., focal-onset seizures) in a patient 1 month to up to 3 years of age
  - Adjunctive therapy for the treatment of partial onset seizures (i.e., focal-onset seizures) in a patient 3
    years of age or older
  - Cancer-related neuropathic pain
  - Cancer treatment-related neuropathic pain
  - Management of fibromyalgia
  - Management of neuropathic pain associated with spinal cord injury

Lyrica, Lyrica CR, Gralise, Horizant ST, Post PA Policy 656-D UDR 06-2024

This document contains confidential and proprietary information of CVS Caremark and cannot be reproduced, distributed or printed without written permission from CVS Caremark. This document contains references to brand-name prescription drugs that are trademarks or registered trademarks of pharmaceutical manufacturers not affiliated with CVS Caremark.

- If the request is for Lyrica (pregabalin) oral solution, the patient meets ONE of the following:
  - Has difficulty swallowing oral solid dosage forms (e.g., capsules)
  - o Requires a dose that cannot be obtained using the commercially available capsules
- The patient has achieved or maintained a positive clinical response to the requested drug

# **Neuropathic Pain associated with Diabetic Peripheral Neuropathy**

Authorization may be granted when the requested drug is being prescribed for the management of neuropathic pain associated with diabetic peripheral neuropathy when ALL of the following criteria are met:

- The request is for Lyrica (pregabalin immediate-release) OR Lyrica CR (pregabalin extended-release)
- If the request is for Lyrica (pregabalin) oral solution, the patient meets ONE of the following:
  - Has difficulty swallowing oral solid dosage forms (e.g., capsules)
  - Requires a dose that cannot be obtained using the commercially available capsules
- The patient has achieved or maintained a positive clinical response to the requested drug

# Postherpetic Neuralgia

Authorization may be granted when the requested drug is being prescribed for the management of postherpetic neuralgia when ALL of the following criteria are met:

- The request is for Lyrica (pregabalin immediate-release), Lyrica CR (pregabalin extended-release), Gralise (gabapentin extended-release), or Horizant (gabapentin enacarbil extended-release)
- If the request is for Lyrica (pregabalin) oral solution, the patient meets ONE of the following:
  - Has difficulty swallowing oral solid dosage forms (e.g., capsules)
  - o Requires a dose that cannot be obtained using the commercially available capsules
- The patient has achieved or maintained a positive clinical response to the requested drug

# **Restless Legs Syndrome**

Authorization may be granted when the requested drug is being prescribed for the management of Restless Legs Syndrome when ALL of the following criteria are met:

- The request is for Horizant (gabapentin enacarbil extended-release)
- The patient has achieved or maintained a positive clinical response to the requested drug

#### **DURATION OF APPROVAL (DOA)**

• 656-D: DOA: 12 months

# **REFERENCES**

- 1. Cymbalta [package insert]. Indianapolis, IN: Lilly USA, LLC; August 2023.
- 2. Gralise [package insert]. Morristown, NJ: Almatica Pharma LLC; March 2023.
- 3. Horizant [package insert]. Woburn, MA: Azurity Pharmaceuticals Inc., August 2022.
- 4. Lyrica [package insert]. New York, NY: Parke-Davis; June 2020.
- 5. Lyrica CR [package insert]. New York, NY: Parke-Davis; June 2020.
- 6. Pramipexole [package insert]. Bedminster, NJ: Alembic Pharmaceuticals, Inc.; March 2023.
- 7. Ropinirole [package insert]. Bedminster, NJ: Alembic Pharmaceuticals, Inc. August 2021.
- 8. Neurontin [package insert]. New York, NY: Parke-Davis Division of Pfizer Inc; July 2022.
- 9. Lexicomp Online, AHFS DI (Adult and Pediatric) Online. Waltham, MA: UpToDate, Inc.; 2024. https://online.lexi.com. Accessed April 22, 2024.
- 10. Lexicomp Online, Lexi-Drugs Online. Waltham, MA: UpToDate, Inc.; 2024. https://online.lexi.com. Accessed April 22, 2024.
- 11. Micromedex® (electronic version). Merative, Ann Arbor, Michigan, USA. Available at: https://www.micromedexsolutions.com/ (cited: 04/22/2024).
- 12. American Diabetes Association. Retinopathy, Neuropathy and Foot Care: Standards of Medical Care in Diabetes—2024. *Diabetes Care*. 2024;47(Suppl. 1):S231-S243.
- 13. Price R, Smith D, Franklin D et. al. Oral and Topical Treatment of Painful Diabetic Polyneuropathy: Practice Guideline Update Summary. Report of the AAN Guideline Subcommittee. *Neurology* 2022; 98:31-43.

Lyrica, Lyrica CR, Gralise, Horizant ST, Post PA Policy 656-D UDR 06-2024

This document contains confidential and proprietary information of CVS Caremark and cannot be reproduced, distributed or printed without written permission from CVS Caremark. This document contains references to brand-name prescription drugs that are trademarks or registered trademarks of pharmaceutical manufacturers not affiliated with CVS Caremark.

- 14. NCCN Guidelines. Version 2.2024 Adult Cancer Pain. Available at https://www.nccn.org/professionals/physician\_gls/pdf/pain.pdf. Accessed April 22, 2024.
- 15. Fisher RS, Cross JH, French JA, et al. Operational Classification of seizure types by the International League Against Epilepsy: Position Paper of the ILAE Commission for Classification and Terminology. *Epilepsia*. 2017 Apr;58(4):522-530.
- 16. Winkelman J, Armstrong M, Allen R, et al. Practice guideline summary: Treatment of Restless Legs Syndrome in Adults. *Neurology*. 2016;87:2585–2593.

Lyrica, Lyrica CR, Gralise, Horizant ST, Post PA Policy 656-D UDR 06-2024

This document contains confidential and proprietary information of CVS Caremark and cannot be reproduced, distributed or printed without written permission from CVS Caremark. This document contains references to brand-name prescription drugs that are trademarks or registered trademarks of pharmaceutical manufacturers not affiliated with CVS Caremark.