

# Chiropractic Services Payment Policy

## **Policy Statement**

Chiropractic care is a health care profession that focuses on disorders of the musculoskeletal system and nervous system and the effects of these disorders on general health. Chiropractic care is used most often to treat musculoskeletal complaints. A chiropractor uses manipulation, adjustment, physiotherapy, and support devices in clinical practice.

## Scope

This policy applies to:

☑ Medicaid excluding Extended Family Planning (EFP)
☑ INTEGRITY
☑ Commercial

## Prerequisites

All services must be medically necessary to qualify for reimbursement. Neighborhood may use the following criteria to determine medical necessity:

- National Coverage Determination (NCD)
- Local Coverage Determination (LCD)
- Industry accepted criteria such as InterQual
- Rhode Island Executive Office of Health and Human Services (EOHHS) recommendations
- Clinical Medical Policies (CMP)

It is the provider's responsibility to verify eligibility, coverage and authorization criteria prior to rendering services.

For more information please refer to:

- Neighborhood's plan specific Prior Authorization Reference page.
- Neighborhood's <u>Clinical Medical Policies</u>.

Please contact Provider Services at 1-800-963-1001 for questions related to this policy.

## Coverage Includes

- Chiropractic Treatment Services.
- Chiropractic Evaluation & Management Services
- Initial Evaluation prior to beginning chiropractic treatment is covered when billed with the appropriate E&M code.



## **Coverage Limitations**

#### All Lines of Business

• If a chiropractor orders, takes, or interprets an x-ray or other diagnostic procedure to demonstrate a subluxation of the spine, the x-ray can be used for documentation. However, there is no coverage or payment for these services or for any other diagnostic or therapeutic service ordered or furnished by the chiropractor.

#### Medicaid

- The chiropractic medicine benefit is limited to twelve (12) visits per rolling year.
  - Medically necessary chiropractic services beyond the annual limit of twelve (12) visits, are subject to prior authorization requirements

## INTEGRITY

- There is no annual limit placed on visits.
- Treatment is based on medical review.
- Limited to not more than one treatment per day.

#### Commercial

• The chiropractic medicine benefit is limited to twelve (12) visits per plan year.

#### **Coverage Exclusions**

#### INTEGRITY

- Maintenance Therapy\*
- Room/Ward fees for 'Intensive Care' treatment\*\*
- Treatment for non-musculoskeletal conditions

#### Commercial

- Maintenance Therapy\*
- Non-neuromusculoskeletal conditions
- Asymptomatic persons or persons without an identifiable clinical condition
- Additional treatment with no documented improvement after initial two weeks
- Additional treatment after 30 days of modified treatment

\*Maintenance Therapy is defined as services that seek to prevent disease, promote health and prolong and enhance the quality of life, or maintain or prevent deterioration of a chronic condition. When further clinical improvement cannot reasonably be expected from continuous ongoing care, and the chiropractic treatment becomes supportive rather than corrective in nature, the treatment is then considered maintenance therapy.

\*\*Intensive Care concept of treatment: Under this approach multiple daily visits (as many as four or five in a single day) are given in the office or clinic and so-called room or ward fees are charged since the patient is confined to bed usually for the day. The room or ward fees are not covered and reimbursement under Medicare will be limited to not more than one treatment per day.



## **Claim Submission**

Billable services are subject to contractual agreements, when applicable. Providers are required to submit complete claims for payment within contractually determined timely filing guidelines.

Coding must meet standards defined by the American Medical Association's Current Procedural Terminology Editorial Panel's (CPT®) codebook, the International Statistical Classification of Diseases and Related Health Problems, 10th revision, Clinical Modification (ICD-10-CM), and the Healthcare Common Procedure Coding System (HCPCS) Level II.

## **Documentation Requirements**

Neighborhood reserves the right to request medical records for any service billed. Documentation in the medical record must support the service(s) billed as well as the medical necessity of the service(s). Neighborhood follows CMS standards for proper documentation requirements.

## Member Responsibility

**Commercial** plans include cost sharing provisions for coinsurance, copays, and deductibles. Members may have out of pocket expenses based on individual plan selection and utilization. Please review cost sharing obligations or contact Member Services prior to finalizing member charges.

## Coding

The inclusion of a code in this policy does not guarantee coverage or reimbursement.

Table 1: Below are the approved codes for a licensed Chiropractor. Services included in this table are limited to 1 unit of one of these codes per day

CPT Code	Description
98940	Chiropractic manipulative treatment (CMT); spinal, 1-2 regions
98941	Chiropractic manipulative treatment (CMT); spinal, 3-4 regions
98942	Chiropractic manipulative treatment (CMT); spinal, 5 regions

Table 2: In addition to the codes in Table 1, below are the approved codes for licensed Chiropractors that also hold a Physiotherapy license:

CPT Code	Description
97010	Application of a modality to 1 or more areas; hot or cold packs
97012	Application of a modality to 1 or more areas; traction, mechanical
97014	Application of a modality to 1 or more areas; electrical stimulation (unattended)

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CPT Code	Description
97016	Application of a modality to 1 or more areas; vasopneumatic devices
97018	Application of a modality to 1 or more areas; paraffin bath
97022	Application of a modality to 1 or more areas; whirlpool
97024	Application of a modality to 1 or more areas; diathermy (eg, microwave)
97026	Application of a modality to 1 or more areas; infrared
97028	Application of a modality to 1 or more areas; ultraviolet
97032	Application of a modality to 1 or more areas; electrical stimulation (manual), each 15 minutes
97033	Application of a modality to 1 or more areas; iontophoresis, each 15 minutes
97034	Application of a modality to 1 or more areas; contrast baths, each 15 minutes
97035	Application of a modality to 1 or more areas; ultrasound, each 15 minutes
97036	Application of a modality to 1 or more areas; Hubbard tank, each 15 minutes
97039	Unlisted modality (specify type and time if constant attendance)
97110	Therapeutic procedure, 1 or more areas, each 15 minutes; therapeutic exercises to develop strength and endurance, range of motion and flexibility
97112	Therapeutic procedure, 1 or more areas, each 15 minutes; neuromuscular reeducation of movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities
97113	Therapeutic procedure, 1 or more areas, each 15 minutes; aquatic therapy with therapeutic exercises
97116	Therapeutic procedure, 1 or more areas, each 15 minutes; gait training (includes stair climbing)
97124	Therapeutic procedure, 1 or more areas, each 15 minutes; massage, including effleurage, petrissage and/or tapotement (stroking, compression, percussion)
97129	Therapeutic interventions that focus on cognitive function (eg, attention, memory, reasoning, executive function, problem solving, and/or pragmatic functioning) and compensatory strategies to manage the performance of an activity (eg, managing time or schedules, initiating, organizing, and sequencing tasks), direct (one-on-one) patient contact; initial 15 minutes
97130	Therapeutic interventions that focus on cognitive function (eg, attention, memory, reasoning, executive function, problem solving, and/or pragmatic functioning) and compensatory strategies to manage the performance of an activity (eg, managing time or schedules, initiating, organizing, and sequencing tasks), direct (one-on-one) patient contact; each additional 15 minutes (List separately in addition to code for primary procedure)
97140	Manual therapy techniques (eg, mobilization/ manipulation, manual lymphatic drainage, manual traction), 1 or more regions, each 15 minutes
97150	Therapeutic procedure(s), group (2 or more individuals)



CPT Code	Description
97530	Therapeutic activities, direct (one-on-one) patient contact (use of dynamic
	activities to improve functional performance), each 15 minutes
97535	Self-care/home management training (eg, activities of daily living (ADL) and
	compensatory training, meal preparation, safety procedures, and instructions in
	use of assistive technology devices/adaptive equipment) direct one-on-one
	contact, each 15 minutes
97750	Physical performance test or measurement (eg, musculoskeletal, functional
	capacity), with written report, each 15 minutes
97755	Assistive technology assessment (eg, to restore, augment or compensate for
	existing function, optimize functional tasks and/or maximize environmental
	accessibility), direct one-on-one contact, with written report, each 15 minutes
G0283	Electrical stimulation (unattended), to one or more areas for indication(s) other
	than wound care, as part of a therapy plan of care
S8948	Application of a modality (requiring constant provider attendance) to one or
	more areas; low-level laser; each 15 minutes
S9117	Back school, per visit

## Disclaimer

This payment policy is informational only and is not intended to address every situation related to reimbursement for healthcare services; therefore, it is not a guarantee of reimbursement.

Claim payments are subject to the following, which include but are not limited to: Neighborhood Health Plan of Rhode Island benefit coverage, member eligibility, claims payment edit rules, coding and documentation guidelines, authorization policies, provider contract agreements, and state and federal regulations. References to CPT or other sources are for definitional purposes only.

This policy may not be implemented exactly the same way on the different electronic claims processing systems used by Neighborhood due to programming or other constraints; however, Neighborhood strives to minimize these variations.

The information in this policy is accurate and current as of the date of publication; however, medical practices, technology, and knowledge are constantly changing. Neighborhood reserves the right to update this payment policy at any time. All services billed to Neighborhood for reimbursement are subject to audit.



# **Document History**

Date	Action
12/11/2024	Annual Policy Review Date. Added Medicaid line of business effective 7/1/24
03/11/2024	Annual Policy Review Date. No content changes.
01/01/2023	Annual Policy Review Date. No content changes.
11/30/2021	Policy Review
11/09/2021	Policy Created