

Reminder: Documentation Requirements for Pain Management Prior Authorizations

Neighborhood News – July 2024

Neighborhood Health Plan of Rhode Island (Neighborhood) is reminding providers of the required documentation when seeking prior authorization for pain management procedures, specifically pain injections. Providers should ensure all supporting documentation is included in the request to expedite the review process.

In addition to submitting the required documentation, providers must also specify the number of visits required to complete the requested number of injections. This information is crucial for facilitating claim payments.

The following pain management categories require documentation:

- Caudal epidural steroid injection;
- Cervical, thoracic, or lumbar facet nerve block;
- Cervical, thoracic, or lumbar intra-articular zygapophysial joint injection;
- Cervical, thoracic, or lumbar medial branch block;
- Epidural or intrathecal catheter placement;
- Interlaminar or interlaminar epidural steroid injection;
- Percutaneous nerve ablations;
- Peripheral nerve blocks;
- Sacroiliac joint injections;
- Transforaminal epidural steroid injection.

Please note that the criteria that Neighborhood follows regarding prior authorizations can be found on the [Policies and Guidelines page](#) of our website. The page also features the [InterQual Transparency Tool](#) to help providers determine both medical necessity and the type of supporting documentation required to submit for prior authorization.

Adhering to these requirements facilitates a smoother authorization process while ensuring members will receive appropriate and effective treatment.

If you have any questions regarding the prior authorization process or this notification, please contact Provider Services at 1-800-963-1001.

Note: This notice was originally distributed on [May 22, 2024](#).